




**MIMS COLLEGE OF NURSING, MALAPPURAM**



**(NSS/FU/MPM/KUHS/2)**


<b>SL NO</b>	<b>DATE</b>	<b>ACTIVITY UNDERTAKEN (BRIEF DESCRIPTION)</b>	<b>UNITS</b>	<b>NUMBER OF PARTICIPANTS</b>	<b>NO. OF HOURS</b>	<b>ACHIVEMENTS</b>
	<b>05/06/17</b>	<p><b>World Environmental Day observance and implementation of Green Protocol</b></p> <p>MIMS College of Nursing NSS Unit observed world environmental day on 5<sup>th</sup> June 2017 with the theme 'Connecting People to Nature' and initiated one month campaign for green protocol and biodiversity park Campus cleaning and plantation of tree saplings were organized in the occasion. A poster making competition was also organized on the same day.</p>	<b>1</b>	<b>40</b>	<b>3</b>	<b>Awareness about the same.</b>
	<b>28/07/17</b>	<p><b>Chlorination of well in the campus</b></p> <p>As a part of world hepatitis day chlorinate various water resources in the campus was conducted.</p>	<b>1</b>	<b>50</b>	<b>3</b>	Aware about importance of chlorination

	<b>12/08/17</b>	<p><b>International Youth day : 12/08/17</b></p> <p>On 12<sup>th</sup> August 2017 the NSS unit observed the day based on the theme 'Youth Building Peace'. The program was inaugurated by Dr.Assuma Beevi TM, Program Officer and Principal, MIMS college of Nursing and she took a session on Conflict resolution, stress management and Johari Window. She emphasized on different types of conflicts and stresses among youth and the strategies to manage it.</p>	<b>1</b>	<b>50</b>	<b>3</b>	Identify different types of conflicts and stresses among youth and the strategies to manage it.
	<b>2 Oct 2017</b>	<p><b>Observance of Gandhi Jayanthi- 2<sup>nd</sup> October 2017</b></p> <p>MIMS College of Nursing NSS Unit conducted Swachh Bharat Abhiyan on October 2<sup>nd</sup> 2017 as a part of Gandhi Jayanthi_. The objective of the program was to create a Clean India. NSS volunteers and faculty actively participated in the campus cleaning programme. Volunteers and faculty were divided in to 20 groups</p>	<b>1</b>	<b>40</b>	<b>5</b>	<ul style="list-style-type: none"> <li>✓ <b>Awareness about Cleanliness</b></li> <li>✓ <b>Importance of cleanliness</b></li> </ul>

		and cleaned the entire campus and hostel premises.				
<b>27 Nov 2017</b>	<p><b>Observance of Constitution Day (National Law Day) : 27 November 2017</b></p> <p>MIMS College of Nursing NSS Unit observed Constitution Day (National Law Day), on 27th November 2017. (Fig 1) As per the Department of Education and Literacy, the preamble of the constitution was read in the college.</p>	<b>1</b>	<b>60</b>	<b>5</b>	<b>- Aware about Indian Constitution</b>	
	 <p><b>Fig 1</b></p>					

27/12/17	<p><b>Initiation of Dress bank :</b></p> <p>NSS MIMS College of Nursing is decided to start a new dress bank. Old dress were collected from students and staff of MIMS college of Nursing and decided to distribute among needy people. On 25/02/18 the collected dresses were distributed among inmates of ATHANI, Narikkuni, Calicut.</p>	1	30	2	-In order to understand feeling of others
24 Mar 2017	<p><b>WORLD TB DAY OBSERVANCE</b></p> <p>World TB day was observed on 24<sup>th</sup> March, 2017 by NSS unit of MIMS College of Nursing. The programme started at 10 am by a procession at Karad junction. (Figure 1,2,3) NSS volunteers had slogans and placards which highlighted the prevention and management of Tuberculosis. It was followed by street play which was done at two places: Karad junction and Ramanattukara Bus stand. It was</p>	1	50	3	- Awareness about prevention and management of Tuberculosis

		greatly appreciated by public and they suggested to conduct more educational programmes on health problems for improving awareness.				
			<b>Fig 1</b>			
			<b>Fig 2</b>			

			<b>Fig 3</b>			
9 <sup>th</sup> May 2017	<b>PREPARATION FOR SPECIAL CAMP:</b> MIMS College of Nursing NSS unit is conducting a residential medical camp from 9 <sup>th</sup> May 2017 to 14 <sup>th</sup> May 2017 at Pervannamuzhi, Calicut . All NSS volunteers are actively involved in the preparatory activities such as drug collection, preparation of av aids, health drama etc for the camp.	<b>1</b>	<b>50</b>	<b>1</b>	- Preparatory activities such as drug collection, preparation of av aids, health drama etc for the camp.	
<b>7/5/17 TO 13/5/17</b>	<b>NSS SPECIAL CAMP PERUVANNAMUZHI</b>				-Aware about importance camps and its services	

As a part of NSS activities  
ASTERMIMS hospital Calicut  
,MIMS college of nursing, Puthukode  
NSS unit and MIMS charitable trust



together organized a residential  
medical camp at Fatima Mata UP  
School , Peruvannamuzhi, Kozhikode  
from 07/05/2017 to 13/05/2017.



ആസ്കർ മിംസും മിംസർ കോളേജ് ഓഫ് നഴ്  
സിംഗിംഗും ആസ്കർ മിംസർ ഫാർമസിറ്റി സ  
പ്ലൈംഗ്വോർത്തിൽ സംഘടിപ്പിച്ച സമ്മ  
പ്ലൈംഗ്വോർത്തിൽ ഹോസ്റ്റൽ പള്ളി  
പ്ലൈംഗ്വോർത്തിൽ ഉദ്ഘാടനം ചെയ്യുന്നു. മിംസർ  
പ്ലൈംഗ്വോർത്തിൽ ഡോ. അസുഖാ ബിനാ. ഓ  
പ്ലൈംഗ്വോർത്തിൽ ഉദ്ഘാടനം. ഡോ. ഓസുഖാ



<p><b>30 Mar 2017</b></p>	<p><b>NSS UNIT GENERAL BODY MEETING AND AWARENESS CLASS ON LEADERSHIP:</b></p> <p>MIMS College of nursing NSS unit conducted a general body to discuss various programmes conducted and planned by the unit. All the NSS volunteers participated in the meeting. It was followed by a session on leadership by Dr. Assuma Beevi TM, Programme Officer, MIMS College of Nursing. Madam motivated volunteers to develop good leadership qualities and need of young leaders in the profession as well as in the society.</p>	<p><b>1</b></p>	<p><b>50</b></p>	<p><b>2</b></p>	<p>-Motivated volunteers to develop good leadership qualities</p>
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<p><b>21<sup>ST</sup> JUNE 2017</b></p>	<p><b>INTERNATIONAL DAY OF YOGA CELEBRATION:</b> MIMS College of Nursing, Malappuram NSS Unit celebrated International Yoga day on 21<sup>st</sup> June 2017 with the theme '<i>Yoga for health</i>'. The day highlighted a holistic approach to yoga, which focuses on both physical and mental wellbeing. (Fig 1) Dr. Assuma Beevi TM, Principal MIMS College of Nursing and Programme Officer, NSS Unit inaugurated the programme. <b>Fig 1</b></p>	<p><b>1</b></p>	<p><b>50</b></p>	<p><b>3</b></p>	<p>-Importance of Yoga and its benefits</p>
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	<p><b>01/12/17</b></p>	<p><b>OBSERVANCE OF WORLD AIDS DAY:</b>  MIMS College of Nursing NSS Unit observed World AIDS day on 1<sup>st</sup> December 2017 with the theme 'Right to health'. An awareness session and poster making competition were conducted on the day.</p>	<p><b>1</b></p>	<p><b>50</b></p>	<p><b>3</b></p>	<p>- Awareness about AIDS and its prevention</p>
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**Proforma of the Report of  
SwachhtaPakhwada (Fortnight) Activities from 1<sup>st</sup> to 15<sup>th</sup> August, 2017**

Name of the University/Directorate : Kerala University of Health Sciences  
 Name of the Institution : MIMS College of Nursing, Puthukode, Malappuram  
 No. of institutions in your jurisdiction  
 No. of NSS Units : One  
 No. of NSS Volunteers involved in the conduct of SwachhtaPakhwada : 100  
 No. of Units involved in the Programmes : One

Sr. No	Name of the programme	No. of Institutions			No. of NSS Volunteers taken SwachhtaShapath (Oath)			Name of the eminent personalities/ Speakers invited to address NSS Volunteers
					Male	Female	Total	
1.	<b>SwachhtaShapath (Oath), seminars and Discussions (1<sup>st</sup> August 2017)</b>	One (MIMS College of Nursing, Puthukode )			11	89	100	Dr.Assuma Beevi TM
2.	<b>All the NSS Units Cleaning their Institutions ( 2<sup>nd</sup>&amp; 5<sup>th</sup> August, 2017)</b>	No. of Institutions	No. of Area Cleaned	Total Man Hours Devoted	Male	Female	Total	Remarks
	a) Classrooms	9		4 Hrs	3	15	18	Emphasized on plastic free campus
	b) Laboratories	7		2 Hrs	2	15	17	
	c) Libraries	1		2 Hrs	0	10	10	
	d) Toilets	10		1 Hr	1	10	11	

	<b>e) Auditoriums</b>	1		2 Hrs	1	10	11		
	<b>f) Playgrounds</b>	2		2 Hrs	2	10	12		
	<b>g) Lawns</b>	1		2Hrs	0	10	10		
	<b>h) Roads</b>	1		4 Hrs	2	09	11		
	<b>Total</b>			19 Hrs	11	89	100		
3.	<b>Door to Door campaigning in the adopted villages/Slums on Swachhta (ODF, General cleanliness &amp; hygiene 6<sup>th</sup> to 8<sup>th</sup> August, 2017)</b>	<b>No. of Institutions</b>	<b>No. of Villages/Slums adopted for door to door campaign about importance of cleanliness</b>	<b>No. of Villages/Slums aware about open defecati on free (ODF)</b>	<b>No. of leaflet, handouts distributed on awareness</b>	<b>No. of NSS Volunteers</b>			<b>Total Man Hours Devoted</b>
						<b>Male</b>	<b>Female</b>	<b>Total</b>	
		1	1	0	Provided health education on importance of environmental and personal hygiene at vazhayoor Panchayat	1	29	30	18 HOURS
	<b>Total</b>								
4.	<b>Distribution of Literature collected from concerned</b>		<b>No. of adopted</b>	<b>No. of People made aware about the</b>		<b>No. of NSS Volunteers</b>			<b>Total Man Hours Devoted</b>

	<b>Departments in the district (9<sup>th</sup> to 10<sup>th</sup> August, 2017)</b>	<b>No. of Instituti ons</b>	<b>Villages/ slums for intensive cleaning</b>	<b>cleanliness so that, they understand the dignity of labour and develop a habit of keeping their surroundings clean</b>	<b>Male</b>	<b>Female</b>	<b>Total</b>	
		One		50	1	29	30	6 hrs
	<b>Total</b>							
5.	<b>Intensive cleaning of the Villages &amp; selected Places (11<sup>th</sup> to 13<sup>th</sup> August, 2017)</b>	<b>No. of Instituti ons</b>	<b>Cleanliness Activities undertaken (No. of Hospitals, Dispensaries etc. may be given)</b>	<b>No. of NSS Volunteers</b>			<b>Total Man Hours Devoted</b>	
				<b>Male</b>	<b>Female</b>	<b>Total</b>		
	a) Hospitals							
	b) Dispensaries							
	c) Community Centers							
	d) Old Age Homes							
	e) Historical Places							
	f) Orphanages							
	g) Centre for disabled							
	h) Rehabilitation Centre							
	i) Railway Station							
	j) Bus stations							
	k) Statues							
	l) Archeological sites and Tourist Places							
	<b>Total</b>							

6.	Rally in the village (14 <sup>th</sup> August, 2017)	No. of Institutions	No. of Rallies Organize in Cities/ Villages by depicting various Messages of cleanliness		No. of NSS Volunteers			Total Man Hours Devoted
			No. of Cities Covered	No. of Villages Covered	Male	Female	Total	
	1		1	2	48	50	1 Hr	
	<b>Total</b>	1	1	2	48	50	1 Hr	
7.	Review of activities during the fortnight, future plans to sustain the cleanliness. (15 <sup>th</sup> August, 2017 )	No. of Institutions	No. of Meeting of NSS Volunteers held in their campuses under the Chairmanship of Head of the Institution for future plans of sustaining cleanliness in the area	No. of Institutions declared as clean institutions	No. of NSS Volunteers			
					Male	Female	Total	
	1	1	1	11	89	100		
	<b>Total</b>							